



STRONGHOLD ASSESSMENT · CHURCH LEADERSHIP OVERVIEW

# What if your church could know *before* the second session?

A guide for pastors, executive leaders, and elder boards considering the Stronghold Assessment for their congregation's care ministry.

*"The purposes of a person's heart are deep waters, but one who has insight draws them out."*

**Proverbs 20:5**

130+

Patterns mapped per person

17

Areas of life assessed

90

Days to re-assessment

4

Ministry program tracks

## — WHY THIS EXISTS

# He came to you first. You did your best. *But you were working blind.*

A man walks into your office. He says his marriage is struggling. He is angry but does not know why. He has been this way since before he can remember. **You spend four sessions trying to figure out what you are actually dealing with.**

*"People ruin their lives by their own foolishness and then are angry at the Lord."*

PROVERBS 19:3 · THE PATTERN HIDDEN BENEATH THE BEHAVIOR

The anger is not the problem. The anger is a signal. Underneath it is a Father Wound that has been running his relationships since childhood. Underneath that is a God Image that looks nothing like the Father in scripture. He has been performing for a God who looks like his dad — distant, critical, impossible to please.

**Stronghold tells you all of this before Session 1 begins.**

### What most churches do now

- ✓ ✗ Ask the right questions across 3 to 4 sessions before knowing the real issue
- ✓ ✗ Guess whether this is a discipleship conversation or a clinical one
- ✓ ✗ Refer late — after the damage has deepened
- ✓ ✗ No measurement of what actually changed

### What Stronghold gives your team

- ✓ **Before Session 1:** Full Clarity Report in the practitioner's hands
- ✓ **Before the joint session:** Both spouses assessed individually — collision point already mapped
- ✓ **Before the referral:** Clinical screeners flag risk automatically
- ✓ **At Day 90:** Measured composite scores — what actually moved

### THE CORE SHIFT

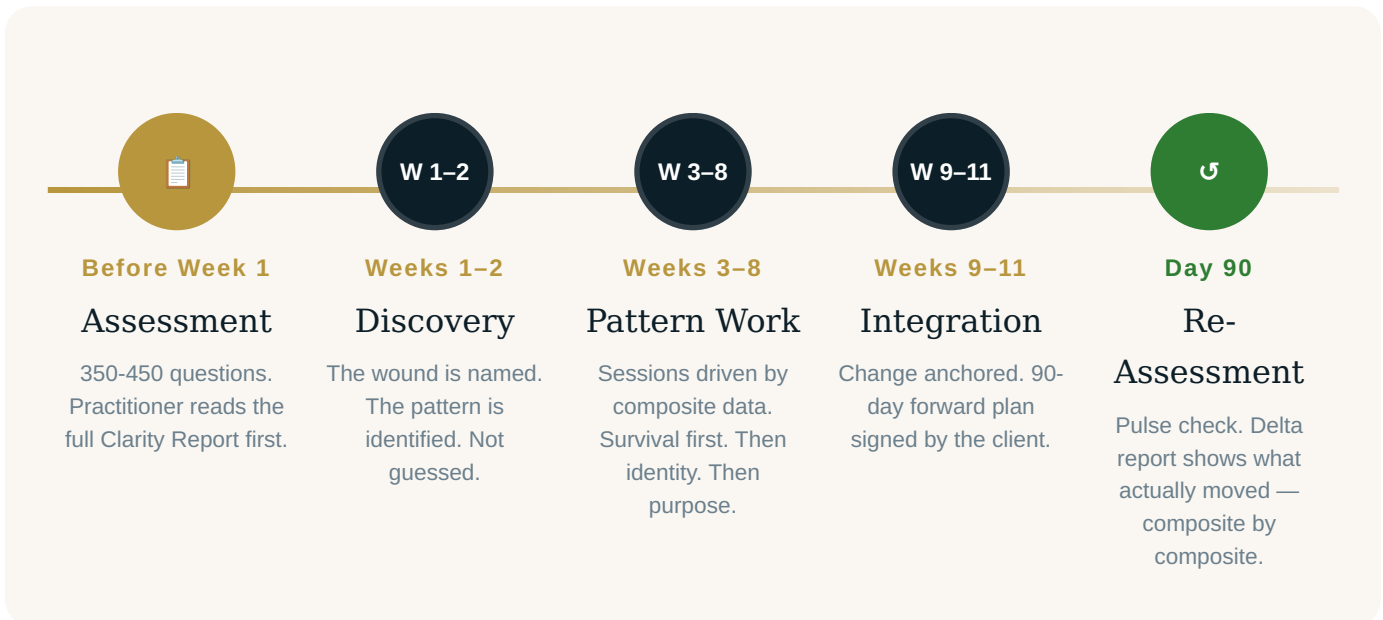
*"Most pastoral care starts with a conversation. Stronghold means the conversation starts with the truth."*

THE 90-DAY MODEL

# Every engagement starts with data. *Every engagement ends with proof.*

*"Plans fail for lack of counsel, but with many advisers they succeed."*

PROVERBS 15:22 · THE ASSESSMENT IS YOUR COUNSEL BEFORE THE COUNSELING BEGINS



FOUR MINISTRY TRACKS — SAME MODEL, TAILORED CONTENT

**01 · MARRIAGE MINISTRY**

Both spouses assessed individually. Intersection Map reveals the collision point before the first joint session. Conflict cycle named before anyone sits in the same room.

↻ Both re-assessed at Day 90

**02 · MEN'S MINISTRY**

4 to 8 men assessed before the group begins. Leader reads every report. Shared patterns — Father Wound, Fawn Response, Identity — drive the 12-week cohort.

↻ Individual delta reports at Day 90

**03 · WOMEN'S MINISTRY**

8 women-specific composites — Invisible Load, Silencing Pattern, Voice Age, Caretaker Collapse. Built for what women actually carry. Not in any other assessment.

↻ Voice Age and Invisible Load re-assessed

**04 · PRE-MARITAL**

Father wound, attachment, conflict patterns — surfaced before the wedding, not after the crisis. 8 sessions. Both partners individually assessed.

↻ 90-day post-wedding follow-up available

SAMPLE DATA

# Real numbers. Not feelings. *Not self-report.*

These are sample composite scores — not real client data. They show what a men's ministry report looks like, and what the 90-day delta shows your elder board.

SAMPLE CLARITY REPORT — SESSION 1 BASELINE PRE-COACHING

**WHERE THE WOUND IS**

Father Wound 87 — **Critical**

Toxic Shame 81 — **High**

Identity Stability 19 — **Low**

**SPIRITUAL HEALTH**

God Image Distortion 62 — **Elevated**

Biblical Identity Gap 68 — **Elevated**

**HOW HE RESPONDS UNDER PRESSURE**

Fawn Response 74 — **Elevated**

## 90-Day Delta — What Changed

COMPOSITE	DAY 0		DAY 90	SHIFT
Father Wound	87	→	61	-30%
Toxic Shame	81	→	54	-33%
Identity Stability	19	→	44	+131%
God Image Distortion	62	→	38	-39%
Biblical Identity Gap	68	→	41	-40%
Fawn Response	74	→	52	-30%

### What this tells your board

These are not anecdotal. The shift from 87 to 61 on Father Wound is a 30% reduction in a scored measurement. You can present these numbers to elders or deacons with full confidence — because they are real data, not self-report.

### PRACTITIONER COACHING START POINT

*"His anger is not the problem. His Father Wound is running every relationship he*

*"See, I am doing a new thing! Now it springs up; do you not perceive it?"*

ISAIAH 43:19

## — HOW YOUR PEOPLE'S DATA IS PROTECTED

# Your congregation trusts you. *We take that seriously.*

*"A gossip betrays a confidence, but a trustworthy person keeps a secret."*

PROVERBS 11:13 · EVERY DATA DECISION WE MAKE STARTS HERE



### Three separate databases — different AWS regions

Personal info (name, email) is stored completely separately from coaching data. A breach of one cannot access the other. **This exceeds standard practice for most platforms handling sensitive information.**



### Auto-logout after 15 minutes

Practitioner sessions end automatically. Data cannot be left open on a shared computer. Platform policy prohibits public device use.



### AES-256 encryption — at rest and in transit

All data encrypted while stored. HTTPS protects everything moving between your congregation and our servers. Same standard used by major financial institutions.



### Security monitoring every 6 hours

Automated checks for mass data reads, off-hours access, and bulk changes. Detection triggers immediate SMS, email, and in-app alerts.



### Full audit trail — every access logged

Every time a practitioner views a client record, it is logged with practitioner ID, client ID, action, and timestamp. **Nothing is anonymous. Everything is accountable.**



### Tiered access — not everyone sees everything

Group leaders see coaching composites only. Clinical data requires senior-level authorization. **Your senior pastor or elder can be set at the appropriate tier.**

### Scope of Practice — What Stronghold Is and Is Not

Stronghold is a **Christian coaching platform** — not a clinical diagnostic tool. When validated screeners indicate clinical risk, the platform generates a referral recommendation.

**Diagnosis requires a licensed clinician.**

This boundary is enforced in every report and every practitioner certification. No exceptions.

## — IMPLEMENTATION

# Five steps. No new infrastructure. *Just start.*

*"Commit to the Lord whatever you do, and he will establish your plans."*

PROVERBS 16:3

1

## Identify your certified practitioners

Decide which team members will use Stronghold — care director, men's ministry leader, marriage pastor. Each gets certified at [certified.strongholdassessment.com](https://certified.strongholdassessment.com). They complete the full assessment themselves first. Required, not optional.

2

## Assign permission levels

Four access tiers. Group leaders see coaching composites. Care directors see clinical flags. Senior pastor sees escalation-level data. Set once. Adjust anytime.

3

## Send the first assessments

The practitioner sends access through the Stronghold CRM. The client completes 350 to 450 adaptive questions at their own pace. **No technical setup on the church side.** The platform handles everything.

4

## Run the 90-day engagement

Follow the model — Discovery, Pattern Work, Integration, Re-Assessment. The delta report generates automatically and shows composite score movement for every person you served.

5

## Show your board the delta report

**Present actual composite score changes** to your elder board or deacon team. Not attendance numbers. Not anecdote. Measured behavioral and cognitive change across 90 days — per person.

# Ready to talk through what this looks like for *your church*?

One conversation. We will walk through your church size, care model, staffing, and which tracks make sense to start with. No commitment required.

CHURCH INFORMATION

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*Stronghold Assessment is a Christian coaching platform operated by Dr. Hines Inc., Broken Arrow, Oklahoma. Assessment results are coaching intelligence tools and do not constitute clinical diagnosis, medical advice, or mental health treatment. Elevated scores on validated screeners generate referral recommendations — diagnosis requires a licensed clinician. All practitioners are certified on scope of practice. Data handling reflects platform policy as of 2026. This document is for leadership and board use only. Privacy Policy: [strongholdassessment.com/privacy.html](https://strongholdassessment.com/privacy.html)*